



BREAKFAST MENU

Good Morning,

Please help yourself to the following:

Fruit juice:

Orange, Apple or Cranberry

Cereals:

Corn Flakes, Bran Flakes, Special K, Weetabix or Alpen

From the chiller:

Grapefruit segments

Soft fruits

Natural yoghurt

Granola

Tea and coffee selections

White and brown toast

Gluten free options available upon request

Porridge with honey or salt

Gluten free option available upon request

Please select your breakfast, cooked to order from the following:

Cumbrian Breakfast: back bacon, Cumberland sausage (vegetarian sausage available), black pudding, grilled half tomatoes, flat mushroom, hash brown, baked beans

Your choice of eggs: Boiled, poached, fried or scrambled

Scrambled eggs with smoked salmon

Grilled kippers with lemon and butter

If you have any dietary requirements,
please ask a member of our team will be happy to
assist you